

## Full Report (All Nutrients) 45107211, LAWRY'S, TACO SPICES & SEASONING, UPC: 021500010092

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**Report Date: June 07, 2017 15:23 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer MCCORMICK & COMPANY, INC.

Nutrient	Unit	Data points	Std. Error	2.0 tsp 5g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	15	300
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	0.00	0.00
Carbohydrate, by difference	g	--	--	3.00	60.00
Sugars, total	g	--	--	1.00	20.00
<b>Minerals</b>					
Sodium, Na	mg	--	--	340	6800
<b>Vitamins</b>					
Vitamin A, IU	IU	--	--	200	4000

### Lipids

### Amino Acids

### Other

### Ingredients

SPICES (INCLUDING PAPRIKA AND CHILI PEPPERS), ONION, SALT, LACTOSE (MILK), SUGAR, GARLIC, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COCOA POWDER PROCESSED WITH ALKALI, CITRIC ACID, AND NATURAL FLAVOR. *Date Last Updated by Company: 05/16/2016*